

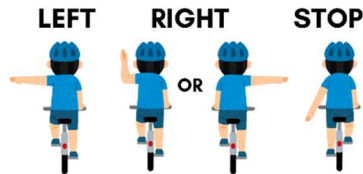
Ride with Leinie – Frequently Asked Questions

Are e-bikes allowed on the ride?

Yes! E-bikes are permitted on the Conover-Phelps Trail with maximum speed of 20mph. E-bikes are also allowed on the road routes. All bikers are reminded to follow proper trail etiquette and obey all traffic laws.

What is “proper trail etiquette?”

- Keep to the right on the trail unless passing someone.
- Pass on the left. When overtaking someone, always pass on the left and give a verbal warning like “On your left” so they can move aside safely.
- Maintain a safe speed. Don’t ride too fast, especially in areas with heavy foot traffic, sharp turns, or uneven surfaces.
- Use hand signals. If you’re turning or stopping, make sure to use appropriate hand signals to communicate with others.



- Respect pedestrians. Pedestrians have the right of way, so always slow down and be prepared to stop if needed. Be courteous. Greet walkers with a friendly “hello” or “excuse me” when approaching from behind.
- Don’t tailgate. Give other riders plenty of space.
- If you need to stop, pull over to the right side and allow others to pass safely. Never stop in the middle of the trail.

By following these points, you’ll help create a safer, more enjoyable trail experience for everyone!

Is there a minimum age requirement?

Ride with Leinie welcomes riders of all ages, however if participants are under age 18, they must have a signed waiver by their parent or legal guardian. Also, participants under age 21 may not participate in the beer tasting and certain raffle prizes may have an age restriction. Be prepared to show a valid ID.

Is the Conover-Phelps (C-P) Trail Paved?

Yes and no. The first 8.7 miles is hard packed stone as it follows the old Chicago Northwestern Railroad route. The final 1.5 miles is paved and hilly as it descends into Phelps.

Please note, where the C-P Trail crosses Muskrat Creek Road at about mile 2.75, the Muskrat Creek Road surface is VERY loose as it is a popular road for ATVs. There is a stop sign at this intersection and riders are strongly advised to stop, watch for approaching traffic, and then proceed with caution across the road.

Why isn't the Conover-Phelps Trail a paved trail all the way?

A portion of the C-P Trail is used by snowmobiles in winter and therefore must remain unpaved. A majority of the funding that was used to build the trail was from grants designated for snowmobile/bicycle/walking trail development. Also, a short section is in Chequamegon-Nicolet National Forest and per policy, a paved trail wasn't permitted.

Will there be rest stops during the ride?

Rest stops with snacks, water, Gatorade, and restrooms will be provided on the following routes:

100k (62-mile) Road Route – Two rest stops – First stop near mile 30 at the Northland Pines School Forest, second stop near mile 53.75 at Lakefront Pines Park in Phelps.

40-mile Road Route – Two rest stops – First stop just past mile 17 at the Northland Pines School Forest, second stop near mile 32.5 at Lakefront Pines Park in Phelps.

20.4-mile Trail Ride – One rest stop – Rest stop at 10.2-mile turn-around point at Lakefront Pines Park in Phelps.

Please note: There are no rest stops on the 20-mile Road Route or the 10.4-mile Trail Ride.

Will there be water available to refill water bottles?

Yes, water coolers will be available at Conover Town Park and at the rest stops at Northland Pines School Forest and Lakefront Pines Park in Phelps. Riders are encouraged to bring their own water bottles. We also encourage riders to label their water bottles with their name so we may return them to their proper owner if turned in at the lost and found.

Can I change the route I signed up for?

We understand, sometimes you're not up for that long ride you signed up for months ago. Or, maybe you're ready for a bigger challenge. No problem. If you know in advance and you signed up online, you may change your route by visiting <https://www.bikereg.com/ride-with-leinie> and selecting Edit My Entry. If you signed up with the paper entry form, simply email us at ridewithleinie@gmail.com to let us know about the switch.

If you decide to change your route on the morning of the ride, simply inform the team when you check in and they will provide you with the appropriate route map for your preferred route.

Are the road routes on paved surfaces or gravel roads?

The road routes all follow paved roads. Please keep in mind, there may be bumps in certain areas due to annual frost heaving.

How will the road routes be marked?

Yes, along the road routes, each turn will be marked with color coordinated painted arrows. At potentially confusing points, there will also be signage along the side of the road.

Paint colors will match the colors on the route map. Follow the color of the ride you have selected:

100k (62-mile) – ORANGE **40-mile – GREEN** **20-mile – PINK**

Will the road route maps be available in my riding app?

There are many great riding apps out there that allow you to upload maps. Therefore, we have made the maps geo-enabled. Simply follow your preferred riding app's instructions for uploading the route map for your ride of choice. We recommend you do this in advance of the ride as wi-fi is not available at Conover Town Park.

Will there be ride support along the road routes?

We will have a support vehicle driving the route of the 100k road route which overlaps some with the 40-mile ride. They will be looking for riders that need assistance along the route. Also, in your registration packet you will find information on who to call if you need assistance along the route. Vehicles will be on standby at Conover Town Park to go out and pick up riders that encounter issues and are unable to continue the ride. **If you have a medical emergency, call 911.**

Will there be gluten free or vegan food options at the rest stops and picnic lunch?

Yes, there will be gluten free and vegan snacks available at all the rest stops. Ask the rest stop attendant if you need assistance locating the gluten free or vegan options.

For the picnic lunch, the Trig's brats and hotdogs and the plant-based burgers are gluten free. There will be a limited quantity of gluten free buns available on request. A limited quantity of gluten free and vegan cookies available on request.

The plant-based burgers are vegan however we will not have vegan buns available. Feel free to bring your own bun if you desire.

What beer will be served?

Leinenkugel's of course! Ride with Leinie will feature a nice selection of Leinenkugel Beer on tap. We anticipate having Leinenkugel's Honey Weiss, Summer Shandy, Dark Lager, as well as other Leinenkugel varieties.

Will there be non-alcoholic beverages available?

Yes, there will be root beer on tap and canned fizzy water available at the beverage wagon. Please note, a beverage ticket will be needed to obtain either root beer or canned water.

In addition, water refill coolers and a bubbler will be available to refill water bottles and no ticket is needed for this water.

What's included in my registration?

Registered participants will receive a ride event t-shirt, one meal ticket, and three beverage tickets. Note, preferred t-shirt sizes are guaranteed if you register by June 26, 2025.

Meal tickets include meat of choice (brat, hotdog, or plant-based burger), bun, pickle, chips, cookie, and condiments. Beverage tickets are good for beer, root beer, and canned water. Additional meal tickets and beverage tickets are available to purchase.

Where does the money raised at Ride with Leinie go?

This is a fundraiser event for the Great Headwaters Trails Foundation (GTHF). The mission of GTHF is to develop and support a system of family-friendly, community bicycling and walking trails connecting the towns and serving the residents and visitors of eastern Vilas County. All proceeds from the Ride with Leinie go to GTHF to support eastern Vilas County bike trail development and enhancement. Currently, GTHF is working with the River Trail Commission to establish a paved trail between Eagle River and Saint Germain. GTHF will give a portion of the proceeds to the towns of Conover and Phelps to help support and enhance the Conover-Phelps Trail.

If you would like to donate to Great Headwaters Trails Foundation to support our mission, visit <https://ghtrails.org/donate/>

Are there any lodging discounts available?

The Edgewater Inn & Cottages in Eagle River is extending a discount to registered Ride with Leinie participants. To check availability and receive the discount, call Fritz at Edgewater Inn & Cottages directly at 715-479-4011 and be sure to mention you're coming for Ride with Leinie.

For other lodging options, we suggest you visit the Chamber of Commerce websites for the surrounding area communities.

Conover - <https://www.conover.org/>

Phelps - <https://www.phelpswi.us/>

Land O'Lakes - <https://golandolakeswi.com/>

Eagle River - <https://eagleriver.org/>